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Pumpkin cream soup 	Pasta with tomato sauce 	Peas with ham and carrots 	Chickpea and chorizo stew 	Rice with vegetables 
Lean pork stew to the gardener with boiled potatoes 	Battered and fried hake Salad 	Roasted chicken thigh in its natural sauce with finely sliced potatoes 	Potato omelet with tomato salad 	Breaded limanda fillet with lettuce and carrot salad 
Fruit yoghurt 	Fruit	Fruit	Fruit	Fruit
MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15
	Broccoli with béchamel sauce 	Vegetables and white bean stew 	Homemade chicken noodle soup 	Sautéed cabbage
	Andalusian-style cod Lettuce and tomato salad 	Meat Fideua (noodle paella) 	English-style hake 	
	Fruit yoghurt 	Fruit	Fruit	Fruit
MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22
Green beans with oil and carrot 		Carrot cream soup	Castilian-style lentil stew 	
Roasted chicken thigh in its natural sauce with French fries 	Breaded limanda fillet Lettuce, tomato and sweetcorn salad 	Pork escalope Rice with tomato sauce 	Potato omelet with tomato salad 	English-style hake with French fries 
Fruit	Fruit	Fruit	Fruit	
MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29
Vegetables and white bean stew 	Homestyle broccoli 	Galician-style soup 	Homemade chicken noodle soup 	Vegetable cream soup 
Grilled chicken hamburger Spaghetti with tomato sauce 		English-style pork loin with lettuce and sweetcorn salad 	English-style hake with sautéed vegetables 	Cuban-style rice Turkey sausages 
Fruit yoghurt 	Fruit	Fruit	Fruit	Fruit
MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6

Water and bread are included in all menus.



According to Royal Decree 1420/2006, fishery products to be consumed raw or almost raw have already been frozen.